



Working and learning together for success

Sarisbury Church of England Junior School

Personal Development Learning Policy (Personal, Social and Health Education) *October 2016*

At Sarisbury, we seek to provide the best possible education for every child within a warm and caring ethos; a community, built on Christian values, where individuals are respected, encouraged and given the opportunity to be the best that they can be.

We believe the Personal Development Learning of each child is significant to their individual achievement. We endeavour to provide our pupils with rich experiences that support the development of a positive sense for themselves, respect for others, key social skills and a positive disposition in which they feel motivated to achieve. The personal and social development of our pupils is explicitly taught within the PDL curriculum, whilst offering pupils the opportunity to develop these key skills in all areas of school life.

PDL Policy Statement

Our Aims

At Sarisbury CE Junior School we aim to:

- Promote pupils' spiritual, moral, social and cultural development.
- Encourage pupils to develop strong respectful relationships with others.
- Develop pupils' ability to make responsible decisions, accept consequences and encourage pupils to learn from their experiences, therefore behaving positively.
- Prepare our pupils to become responsible and active citizens within a community.
- Encourage pupils to recognise different emotions in themselves and others whilst providing suitable strategies for dealing with these.
- Teach and encourage pupils to lead and maintain a safe and healthy lifestyle.
- Encourage the development and achievement of 4 core values:
 - ✓ **Self** – as unique human beings capable of achieving
 - ✓ **Relationships** – important for the development and fulfilment of themselves, others and the community.
 - ✓ **Society** – developing a respect for the law, truth, human rights, justice and common good. Whilst valuing common structures within society including families.
 - ✓ **Environment** – the importance of caring for it and the effect of humanity on our natural resource.
- Provide a rich and diverse curriculum that allows pupils to develop key skills across the curriculum.
- Deliver statutory Sex and Relationships and Drugs programmes to the pupils through a supported and well designed PSHE programme.
- Deliver a broad PDL curriculum.

The curriculum:

At Sarisbury CE Junior School we regard PDL as a subject that develops core areas within a child's personal development.

PDL explores a range of topics:

- **Healthy Living:** this teaches children how to maintain a healthy balanced and nutritious diet, the importance of exercise, the effect of drugs (alcohol, tobacco, volatile substances, legal and illegal drugs) and keeping emotionally healthy (dealing with difficult events including death).
- **Staying safe:** encouraging children to recognise the risks and dangers they may face in everyday life, learning how to make a 999 call, develop strategies to deal with peer pressure, be aware of the risk of drugs (alcohol, tobacco, volatile substances, legal and illegal drugs).
- **Emotions:** be able to recognise different emotions in themselves and others, develop strategies for coping and dealing with these emotions, develop coping strategies for changes they face (including transitions between schools), develop an awareness of the emotional changes they face during puberty (year 5 and 6).
- **Relationships:** exploring at the different types of relationships, developing key social skills that will allow children to interact with a variety of people, teach children about the importance of friendships, provide strategies for dealing with difficult situations in relationships (including families).

Citizenship:

Focuses on developing pupils' awareness of their community and how to become good citizens. "It fosters respect for law, justice, democracy and for different opinions, values and cultures." (D. Rowe, Director of Curriculum Resources at the Citizenship Foundation). Living in such a diverse culture, it is important that children recognise and respect the differences between ethnic and religious groups to ensure they become full members of their community. Citizenship explores the different types of communities that exist within our society, recognising how they are organised and the roles held within that group. Whilst encouraging children to play a responsible role in the up-keep of their communities. Citizenship also looks at communities on a wider scale, encouraging pupils to consider global issues, i.e. global warming, pollution, and the responsibilities they have in making our world a better place.

Key Social Skills:

Refer to the generic skills that many of us take for granted; communication, cooperation, evaluation and reflection, decision making and managing emotions. These skills are paramount in developing confident, responsible, well behaved and happy pupils at Sarisbury CE Junior. We explicitly teach our pupils the art of working in a group, recognising emotions, reflecting and being able to critically evaluate, being able to express and communicate themselves and most importantly being able to make responsible decisions. We feel that teaching these skills enables our pupils to improve their own learning and performance whilst preparing them for life in general.

Whilst these Key Social Skills are explicitly taught within the PDL curriculum, we ensure there are many opportunities to develop and assess the skills in other subject and aspects of school life, I.e. sports, group work, discussion activities, colour teams, school council, extra curricular activities and at playtimes.

Our Strategies:

At Sarisbury CE Junior School we seek to involve a wide range of initiatives and strategies to meet the individual needs of our pupils in PDL.

Initiatives include:

- **Circle Time** – recognised as an effective tool for allowing children to express themselves and openly discuss issues affecting them or their peers. Teachers are encouraged to allow regular opportunities for class circle time, whilst also using it within planned schemes of work.
- **Whole school PDL time**- As part of our Friday afternoon sessions, the school takes part in PDL sessions/circle time at the same time.

Teaching strategies include:

- Activities that offer opportunities to develop Key social skills (communication, cooperation, evaluation and reflection, decision making and managing emotions).
- Teaching methods incorporate a range of strategies that support pupils' learning styles and needs (VAK activities, suitably differentiated tasks)
- Visitors and outside agencies are involved where suitable to support the curriculum (See section on Visitors).

Our Resources:

At Sarisbury CE Junior School there are a range of resources available in the PDL Managers classroom these include:

- Media (DVD's, weblinks)
- Posters
- Leaflets
- Card games
- Professional text books on various subject matter
- Circle time devices to pass around (balls, stress balls, noise making tools)

Teachers are also encouraged to regular check internet websites for up to date advice and new resources that are available.

Visitors

Visitors and outside agencies have an important part to play in enhancing the provision of PDL. Visitors working alongside the teacher can provide an added dimension, often using real experiences gained through their professional role.

At Sarisbury CE Junior School we invite visitors to work in partnership with the teachers in various aspects of the curriculum. When organising visits, teachers must ensure the expectations and objective of the visit is clear, therefore supporting them with planning and collating suitable resources. We encourage our visitors to have a good understanding of:

- The schools values
- Behaviour expectations and code of conduct
- Relevant policies including child protection and equal opportunities,
- Any particularly sensitive issues within the cohort / class
- Working with and relating to children

Should a visitor be working with the children without a teacher present, we will ensure that they have undergone appropriate safeguarding checks.

Our PDL Manager

The member of staff responsible for the management and development of PDL Citizenship throughout the school is Amy Chaplin. She will:

- Seek to enthuse pupils and staff about PDL and promote high standards of achievement and high quality provision.
- Advise and support staff in the planning, delivery and assessment of PSHE and Citizenship.
- Manage and develop all resources for PDL
- Monitor and evaluate PDL throughout the school, ensuring continuity and progression.
- Keep up to date with current developments by attending courses, liaising with colleagues from other schools, and use this as a basis for staff development activities.
- Manage Healthy schools initiative: encourage and enthuse pupils and staff to lead a healthier lifestyle, organise task group, delegate tasks, evaluate objectives and prepare for validation.

Assessment, Record Keeping and Reporting

In order to ensure continuity, progression and high standards of achievement in PDL, assessment for every child will include:

- A formative assessment of 1 overall objective per unit. This will refer to the NC Citizenship objectives and Hampshire PSHE KS2 statements.
- An evaluation and reflection of a sample of pupils per unit, showing what they have learnt, anything else they would like to know and an evaluation on the methods used to teach the unit. This will indicate the success of the unit and offer suggestions for future teaching methods.
- For summative assessment, each child will have personal comment in their report. This will refer to the pupils' overall progress and attitude for this academic year, including explicit reference to the child's key social skills development.
- To assist teachers in the transition from year to year, teachers complete a PDL profile at the end of the year which summarises children's abilities in PDL learning as well as a variety of personal skills. This not only informs receiving teachers of the strengths and development areas within the class, but assists in providing initial personal targets.
- At the end of every academic year, each child is given a PDL evaluation based on the Sarisbury Learner which is completed independently. These indicate how individuals feel they have developed over the year with areas on the Sarisbury Learner

Our Success Criteria:

We expect all of our pupils to be able to make responsible decisions about their behaviour and attitude to school. 85% to 90% of our pupils will meet relevant assessment criteria in PDL.

Other Relevant Policies:

- Sex and Relationships Education Policy
- Drugs Education Policy
- Food in Schools Policy
- Equal Opportunities Policy
- Race and Intercultural Policy
- Behaviour Policy (includes anti bullying)
- Child Protection Policy
- Safeguarding Policy